

Communities@Work

2019

Teens After School Care Gungahlin | October

Contact the Lifestyle Services Team to book: (02) 6293 6500

MON 30 Afternoon tea provided	TUES 1 Afternoon tea provided	WED 2 Afternoon tea provided	THU 3 Afternoon tea provided	FRI 4 Afternoon tea provided
				
Card games	Swimming	Cooking	Sports at the park	Gardening
				
Go for a walk	Bubble painting	Minute to win it challenge	Squirt gun painting	Computer skills
MON 7	TUES 8	WED 9	THU 10	FRI 11
				
Word hunt	Sports at the park	Swimming	Gardening	Library Visit
				
Board games	Nature scavenger hunt	Comic strip script	Cooking	Goal based activity

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MON 14 Afternoon tea provided	TUES 15 Afternoon tea provided	WED 16 Afternoon tea provided	THU 17 Afternoon tea provided	FRI 18 Afternoon tea provided
				
Learn a new sport	Swimming	Sports at the park	Bake a cake	Jigsaw puzzle
				
Gardening	Science experiment: Static electricity	Cooking	Art & Craft	Wii games
MON 21 Afternoon tea provided	TUES 22 Afternoon tea provided	WED 23 Afternoon tea provided	THU 24 Afternoon tea provided	FRI 25 Afternoon tea provided
				
Make an Origami animal	Learn to play a song on an instrument	Swimming	Sports at the park	Gardening
				
Indoor bowling	Cooking	Learn a foreign language	Oil & water science activity	Read a book

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MON 28 Afternoon tea provided	TUES 29 Afternoon tea provided	WED 30 Afternoon tea provided	THU 31 Afternoon tea provided	FRI 1 Afternoon tea provided
				
Ball games	Swimming	Sports at the park	Goal based activity	Journal
				
Gardening	Spring Art projects Butterfly squish art	Cooking	Art & Craft	Computer skills

Assistance with homework and life skills can be provided throughout the afternoon. Clients wishing to swim in the afternoon should bring their swimmers. Swimming will be permitted only when client to staff ratios allow.

www.commsatwork.org All photos are available for free from www.unsplash.com