

# Communities@Work

## Autumn Teens School Holiday Program Gungahlin

Contact the Lifestyle  
Services Team to book:  
(02) 6293 6500

**MON 16**

Please bring a  
packed lunch or  
money for lunch



**Australian  
National Botanic  
Gardens**



**Picnic Lunch at  
the Park**



**Money &  
Budgeting Skills**



**Card Games**



**FFIT Program**  
Don't forget your towel  
& drink bottle!

**TUE 17**

Please bring a  
packed lunch or  
money for lunch



**Travel Training:  
Bus to AMF  
Belconnen**



**Bowling**  
Cost: \$6.95



**Yoga**



**STEM Challenge**



**Outdoor Tic  
Tac Toe**

**WED 18**

Please bring a  
packed lunch or  
money for lunch



**Canberra  
Walk-in Aviary**  
Cost: \$11.50



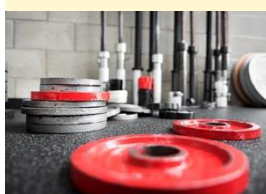
**Art & Craft  
Canvas String Art  
Graffiti**



**Tai Chi**



**Bottle Ring  
Toss Game**



**FFIT Program**  
Don't forget your towel  
& drink bottle

**THU 19**

Lunch Provided



**Meal Planning  
& Shopping**



**Cook Off**



**Kitchen Safety  
Skills**



**Board Games**



**Sports at the  
Moncrieff Park**

**FRI 20**

Please bring a  
packed lunch or  
money for lunch



**Travel Training:  
Bus Trip to Civic**  
Bring Myway Cards



**Swimming at  
Canberra Pool**  
Cost: \$4.70



**Origami**



**Gardening**



**FFIT Program**  
Don't forget your towel  
& drink bottle

Please bring MyWay card and Companion Card each day.

[www.commsatwork.org](http://www.commsatwork.org)



# Communities@Work

## Autumn Teens School Holiday Program Gungahlin

Contact the Lifestyle  
Services Team to book:  
(02) 6293 6500

**MON 23**

Please bring a  
packed lunch or  
money for lunch



CC - Edward Dalmluf

**Trip to Australian  
War Memorial**



**Art & Craft:  
DIY Marble  
Stationary**



CC - Isabel Oliveira

**Wellness &  
Mindfulness**



CC - Ian Sutton

**Sports at the Park:  
Yerrabi Pond**



**FFIT Program**

Don't forget your towel  
& drink bottle!

**TUE 24**

Please bring a  
packed lunch or  
money for lunch



CC - Daniel Hoey

**Movie at Limelight  
Cinemas**  
Cost: \$13.00



CC - ahayman5175

**Make your own  
Bath Bombs**



CC - Justin Nakagiri

**Bingo**



CC - AgriLife Today

**Gardening**



CC - Liam Peter

**Computer Skills**

**WED 25**

**Program Closed  
for ANZAC Day**

**PROGRAM  
CLOSED FOR  
ANZAC DAY**

**THU 26**

Please bring a  
packed lunch or  
money for lunch



CC - Kelly Garnett

**Swimming at  
Gungahlin Leisure  
Centre**



CC - Gary David Bouton

**Minute to  
Win It  
Challenge**

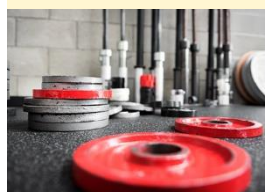


**Bake Off**



CC - Isabel Oliveira

**Meditation**



**Fitt Program**

Don't forget your towel  
& drink bottle!

**FRI 27**

**Lunch Provided**



**Sports at the  
Park**



CC - Kristofer Palmvik

**BBQ at Mount  
Stromlo**



**Ball Relay  
Games**



CC - Benjamin Reay

**Free Choice**



CC - Benjamin Reay

**Free Choice**

Please bring MyWay card and Companion Card each day.

[www.commsatwork.org](http://www.commsatwork.org)